

# CHALLENGING POVERTY

## *Resource List*

### **Annie E. Casey Foundation**

Reliable data, policy recommendations and tools needed to advance sound policies that benefit children and families. Useable local statistics for use in program planning and grant writing.

<http://www.aecf.org/work/kids-count>

***Bridges Out of Poverty: Strategies for Professionals and Communities***, Ruby Payne, PhD (2006).

The Bridges Out of Poverty concept delves into how people in poverty manage without resources, not only financial but also emotional, spiritual, physical and in terms of support systems. It explores the 'hidden rules' of each social class stratum which are crucial to understanding the mind set and behavior of our clients.

Relevant website: <http://www.ahaprocess.com>

**Building Adult Capabilities to Improve Child Outcomes: A Theory of Change**, Center on the Developing Child at Harvard University.

This 5 minute video depicts a theory of change for achieving breakthrough outcomes for vulnerable children and families. It describes the need to focus on building the capabilities of caregivers and strengthening the communities that together form the environment of relationships essential to children's lifelong learning, health, and behavior.

[http://developingchild.harvard.edu/resources/multimedia/videos/theory\\_of\\_change](http://developingchild.harvard.edu/resources/multimedia/videos/theory_of_change)

### **Child Trends**

Child Trends is a research center that has provided valuable information and insights on the well-being of children and youth for more than 35 years. Policymakers, funders, educators and service providers in the U.S. and around the world have relied on the data and analyses to improve policies and programs serving children and youth. Excellent resource for program development and grant writing statistics.

[www.childtrends.org](http://www.childtrends.org)

**Evicted**, Matthew Desmond, 2016

Between May 2008 and December 2009, Desmond, a doctoral candidate in sociology at the University of Wisconsin, lived in the poorest neighborhoods of Milwaukee in an effort to understand poverty. He shadowed two landlords and studied a number of their tenants.

**Institute for Family Studies** website

This website focuses on what can be done to strengthen marriage and family life in America. The link is to an article specific to ACEs.

<https://ifstudies.org/blog/nearly-half-of-us-children-have-suffered-at-least-one-adverse-childhood-experience>

**NASW Standards for Cultural Competence in Social Work Practice**, National Association of Social Workers, 2001.

The standards manual for social workers in relation to cultural competency which implies a heightened consciousness of how clients experience their uniqueness and deal with their differences and similarities within a larger social context.

<https://www.socialworkers.org/practice/standards/NASWCulturalStandards.pdf>

**Nickel and Dimed: On (Not) Getting by in America** by Barbara Ehrenreich, 2002.

Barbara Ehrenreich joined the millions of Americans who work for poverty-level wages, inspired by the theory that any job equals a better life. She traveled across the country, taking cheap lodging and working as a waitress, nursing home aide, house cleaner and Walmart salesperson. She soon discovered these jobs were not only exhausting, she could not survive on the wages.

**Our Kids: The American Dream in Crisis**, Robert D. Putnam (2015).

This book details the growing income gap in America between our poor and our rich children through multi-generational anecdotes and citing much pertinent research. Putnam starts with stories of members of his 1959 Ohio high school class and progresses to present day, demonstrating how today's poor children have diminished opportunities relative to past generations in poverty. The book sets forth some suggestions for how best to make an impact on today's under-resourced children and most are related to education and enrichment, especially through tutoring, mentoring and classroom or after-school activities

**Poverty USA** , Website of the Catholic Campaign for Human Development.

By assisting the poor in participating in the decisions and actions that affect their lives and communities, CCHD "helps people help themselves" to move beyond poverty. The website provides data, policy information and plans of action for alleviating poverty.

<https://www.povertyusa.org/>